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HTRS 2019 Mentored Research Award Recipient



**Allyson M. Pishko, MD, MSCE, Instructor of Medicine
University of Pennsylvania, Penn Comprehensive Hemophilia and Thrombosis
Program**

Mentor: Adam Cuker, MD, MS

Co-Mentor: Thomas Wadden, PhD

Project Title: "Obesity as a Risk Factor for Chronic Pain in Patients with Hemophilia"

Dr. Pishko obtained her medical degree from the University of Pittsburgh School of Medicine and internal medicine training at Duke University. During her fellowship, she obtained training in biostatistics and epidemiology via the Master of Science in Clinical Epidemiology (MSCE) degree program at the University of Pennsylvania. Dr. Pishko's research focus has been on bleeding and thrombotic disorders. She is currently an instructor at the University of Pennsylvania, where she cares for patients at the Penn Comprehensive Hemophilia and Thrombosis Program. During her mentored research award, she will be mentored by Adam

Cuker, MD MS, who is the director of the Penn Comprehensive Hemophilia and Thrombosis Program and Thomas Wadden, PhD, the former director of the Center for Weight and Eating Disorders at the University of Pennsylvania. She will study the impact of obesity on joint outcomes and chronic pain in patients with hemophilia (PWH). The project will utilize the ATHNdataset, which is a large multicenter database of patients with bleeding and thrombotic disorders. She will also collaborate with investigators at the University of Minnesota. We hypothesize PWH above a healthy weight will have increased chronic pain, and this will fuel further studies on weight loss and pain management interventions for PWH.